



Positive Personal Profile

Name _____

Date _____

Details	
<p>Dreams and Goals: What do you really want to learn or do? What is your dream job? What do you hope your life looks like in 3 to 5 years?</p>	<p>Interests: What activities are you enthusiastic about? Do you have hobbies? What are your passions?</p>
<p>Talents, Skills and Knowledge: What are you good at? What are your natural gifts?</p>	<p>Learning Styles: How do you learn best? Tell me about a thing you have learned successfully</p>
<p>Values: What is important to you? What are your passions? What guides your life?</p>	<p>Positive Personality Traits: What do people compliment you on? What makes you a good friend?</p>
<p>Environmental Preferences: Do you prefer to work alone? With people? Outdoors or indoors? In a silent place or noisy?</p>	<p>Dislikes: What types of jobs would you hate? What kinds of things do you not like doing? Any "deal-breakers" or things that make you mad?</p>
<p>Work Experiences: Talk about your previous places you worked. What did you learn there?</p>	<p>Support System: Who do you go to for help? Who do you look to for advice?</p>
<p>Specific Challenges: Are certain things troublesome or hard for you? What might impact your success in the community or at work?</p>	<p>Solutions and Accommodations: How do you deal with or overcome these difficulties?</p>
<p>Career Ideas, Community Connections and Possibilities to Explore:</p>	